



My Choice Booking Form

Summer 2024



Name	
Address	
Your phone number	
Emergency number	
Do you have difficulty with stairs?	Yes / No
Do you travel independently ?	Yes / No
Do you have difficulty with lifts?	Yes / No
Do you have difficulty with escalators?	Yes / No
Do you give consent to having your photo taken and shared online?	Yes / No

JUNE 2024

zMONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Sing Out Choir! 10:30-12pm <input type="checkbox"/></p> <p>Volunteer Week Event 12-2pm <input type="checkbox"/></p>	<p>4 Gardening 10-1pm <input type="checkbox"/></p> <p>Digital Session with Mark 11.15-12:45</p>	<p>5 Bowling 10-2pm <input type="checkbox"/></p> <p>Cycling and Walking at Bush Hill Park 10-12pm <input type="checkbox"/></p>	<p>6 Drama with Rosa! 10:30-12:30 <input type="checkbox"/></p> <p>Charlies Dance Moves! 1-2pm <input type="checkbox"/></p> <p>BOOKING DAY IN THE OFFICE 10-12</p>	7
<p>10 Sing Out Choir! 10:30-12pm <input type="checkbox"/></p> <p>Pub Discovery 6pm-8pm <input type="checkbox"/></p>	<p>11 Gardening 10-1pm <input type="checkbox"/></p>	<p>12 Arts and Craft 10:30-12:30 <input type="checkbox"/></p> <p>Cycling and Walking at Bush Hill Park 10-12pm <input type="checkbox"/></p> <p>Money Confidence with Rosa 12:30-1:30pm <input type="checkbox"/></p>	<p>13 Drama with Rosa! 10:30-12:30 <input type="checkbox"/></p> <p>Afternoon Special Choir performance in Harrow</p> <p>BOOKING DAY IN THE OFFICE 10-12</p>	14
<p>17 Sing Out Choir! 10:30-12pm <input type="checkbox"/></p>	<p>18 Gardening 10-1pm <input type="checkbox"/></p> <p>Money Confidence Workshop 11:15-12:45pm <input type="checkbox"/></p>	<p>19 Coffee Morning—The Crocodile, Cheshunt—LD WEEK 11am-12:30pm <input type="checkbox"/></p> <p>Cycling and Walking at Bush Hill Park 10-12pm <input type="checkbox"/></p> <p>Pub Night Jolly Butchers 7pm-9pm <input type="checkbox"/></p>	<p>20 Drama with Rosa! 10:30-12:30 <input type="checkbox"/></p> <p>Charlies Dance Moves! 1-2pm <input type="checkbox"/></p> <p>Trip— National Maritime Museum <input type="checkbox"/></p>	21
<p>24 Sing Out Choir! 10:30-12pm <input type="checkbox"/></p>	<p>25 Gardening 10-1pm <input type="checkbox"/></p>	<p>26 Arts and Craft 10:00-12:00 <input type="checkbox"/></p> <p>Money Confidence with Rosa 12:30-1:30pm <input type="checkbox"/></p> <p>Health and Wellbeing 1:30-2:30pm <input type="checkbox"/></p>	<p>27 NO ACTIVITIES TODAY—STAFF and Volunteer TRAINING DAY—Safeguarding</p>	28

JULY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Sing Out Choir! 10:30-12pm <input type="checkbox"/></p> <p>Pub Night—Jolly Butchers 6pm-8pm <input type="checkbox"/></p>	<p>2 Gardening 10-1pm <input type="checkbox"/></p>	<p>3 Cycling and Walking at Bush Hill Park 10-12pm <input type="checkbox"/></p> <p>Bowling 10-2pm <input type="checkbox"/></p>	<p>4 Drama with Rosa! 10:30-12:30 <input type="checkbox"/></p> <p>Charlies Dance Moves! 1-2pm <input type="checkbox"/></p> <p>Trip—Queen Elizabeth Hunting Lodge <input type="checkbox"/></p>	5
<p>8 Sing Out Choir—Concert 10:30-12pm <input type="checkbox"/></p>	<p>9 Picnic and Gardening at Bush Hill Park 10-1pm <input type="checkbox"/></p>	<p>10 Cycling and Walking at Bush Hill Park 10-12pm <input type="checkbox"/></p> <p>Arts and Crafts 10:30-12:30 <input type="checkbox"/></p>	<p>11 Autism Conference</p>	12
<p>15 Seaside Trip to Southend! <input type="checkbox"/></p>	<p>16 Gardening 10-1pm <input type="checkbox"/></p> <p>Setting Good Behaviour at One to One 11:15-12:45 <input type="checkbox"/></p>	<p>17 Cycling and Walking at Bush Hill Park 10-12pm <input type="checkbox"/></p> <p>Money Confidence with Rosa 12-1pm <input type="checkbox"/></p> <p>Pub Discovery 6pm-8pm <input type="checkbox"/></p>	<p>18 Drama with Rosa! 10:30-12:30 <input type="checkbox"/></p> <p>Charlies Dance Moves! 1-2pm <input type="checkbox"/></p> <p>BOOKING DAY IN THE OFFICE 10-12</p>	19
<p>22 Health and Wellbeing 11-12 <input type="checkbox"/></p>	<p>23 Chat and Relax 11-12 <input type="checkbox"/></p>	<p>24 Arts and Crafts 10:30-12:30 <input type="checkbox"/></p> <p>Cycling and Walking at Bush Hill Park 10-12pm <input type="checkbox"/></p>	<p>25 Sports Club 10am-11:30am <input type="checkbox"/></p> <p>BOOKING DAY IN THE OFFICE 10-12</p>	26
<p>29 Board Games Chat and Relax with Mark 11-1pm <input type="checkbox"/></p>	<p>30 Digital Session with Mark 11.15-12:45</p>	31		

AUGUST 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Sports Club 10am-11:30am <input type="checkbox"/>	2
			BOOKING DAY IN THE OFFICE 10-12	
5 Chat and Relax 11-12pm <input type="checkbox"/>	6 Gardening 10-1pm <input type="checkbox"/> Write, Read and Succeed 11:15-12:45 <input type="checkbox"/>	7 Arts and Crafts 10:30-12:30 <input type="checkbox"/> Bowling 10-2pm <input type="checkbox"/>	8 Sports Club 10am-11:30am <input type="checkbox"/> Pub Night 7pm-8pm <input type="checkbox"/> Trip—John Soams Museum <input type="checkbox"/>	9
12 Coffee Morning—Jolly Farmers, Enfield 10-12pm <input type="checkbox"/>	13 Gardening 10-1pm <input type="checkbox"/> Write, Read and Succeed 11:15-12:45 <input type="checkbox"/>	14 Cycling and Walking at Bush Hill Park 10-12pm <input type="checkbox"/> Arts and Crafts 10:30-12:30 <input type="checkbox"/>	15 Sports Club 10am-11:30am <input type="checkbox"/> BOOKING DAY IN THE OFFICE 10-12	16
19 Chat and Relax 11-12pm <input type="checkbox"/>	20 Gardening 10-1pm <input type="checkbox"/> Write, Read and Succeed 11:15-12:45 <input type="checkbox"/> Pub Discovery 6pm-8pm <input type="checkbox"/>	21 Cycling and Walking at Bush Hill Park 10-12pm <input type="checkbox"/> Health and Wellbeing 11-12 <input type="checkbox"/> Time to Talk (invite only) 12-2pm <input type="checkbox"/>	22 Sports Day! <input type="checkbox"/>	21
26 Summer Break—Office Closed	27 Summer Break—Office Closed	28 Summer Break—Office Closed	29 Summer Break—Office Closed	30

BOOKING DAY IN THE OFFICE

One to One Office, 2 Farm Road, N21 3JA

Please come into the office between 10 and 2 on this day to book your activities for the following month and also have a cup of tea and a biscuit.

You will get a calendar with all your events, times and places from either Jay or Victor.

You can also hear about other events that are taking place that are not on the activity sheet.

Charging & Payment Details

**This is information about payments for our Members & their Carers/
Providers.**

Please note that the suggested payment amounts found within this Activity Calendar
are

VOLUNTARY DONATIONS.

It is more important to us for our activities to be inclusive to all of our members. If
you are unable to afford the suggested donation amount, please discuss with either
Mark or Fiona in the office.

Any donation you can make towards the running of our activities is greatly appreciated,
we are committed to doing everything we can to ensure we continue to provide current,
new and exciting activities and we are very thankful for all the help & support you
provide to us.

-The One to One Management Team