



























































SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CLOSED	3 CLOSED	4 CLOSED	5 CLOSED	6 CLOSED
9 Pub Night 7pm-9pm 	10 Gardening and Walking 10-1pm 	11 Bowling 10am-2pm 	12 Life Skills Welcome Party! 1pm-2pm  Booking Day in the Office	13
16 Chat and Relax 11am-12pm  Zoom Pub Quiz 7:30pm-8:10pm 	17 Gardening and Walking 10-1pm 	18 Arts and Crafts 10:30am-12:30pm  Money Confidence with Rosa 12:30-1:30pm 	19 Life Skills 1pm-2pm  Booking Day in the Office	20
23 Sing Out Choir! 10:30am-12pm 	24 Gardening 10-1pm  Drama and Dance 10:30am-12pm 	25 Money Confidence with Rosa 12:30-1:30pm 	26 Money Confidence at Barclays Bank 1pm-2pm  Pub Discovery 7pm-9pm 	27
30 Sing Out Choir! 10:30am-12pm  ANNUAL GENERAL MEETING 12:30pm-3pm				

OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Gardening 10am-1pm</p>  <p>Drama and Dance 10:30am-12pm</p> 	<p>2</p> <p>Bowling 10am-2pm</p> 	<p>3</p> <p>Trip to John Soanes Museum Meet 10am</p> 	<p>4</p>
<p>7</p> <p>Sing Out Choir! 10:30-12pm</p> 	<p>8</p> <p>Gardening 10am-1pm</p>  <p>Drama and Dance 10:30am-12pm</p> 	<p>9</p> <p>Arts and Craft 10:30am-12:30pm</p>  <p>£</p> <p>Money Confidence with Rosa 12:30pm-1:30pm</p>	<p>10</p> <p>Life Skills 1pm-2pm</p>  <p>Booking Day in the Office</p>	<p>11</p> <p>(Sunday 13th October Rotary Games!)</p>
<p>14</p> <p>Sing Out Choir! 10:30-12pm</p>  <p>Pub Night 7pm-9pm</p> 	<p>15</p> <p>Gardening 10am-1pm</p>  <p>Drama and Dance (Filming Day)</p> 	<p>16</p> <p>Money Confidence with Rosa 12:30pm-1:30pm</p> <p>£</p>	<p>17</p> <p>Life Skills 1pm-2pm</p>  <p>Booking Day in the Office</p>	<p>18</p>
<p>21</p> <p>Sing Out Choir! 10:30-12pm</p> 	<p>22</p> <p>Gardening 10am-1pm</p>  <p>Pub Discovery</p> 	<p>23</p> <p>Arts and Craft 10:30am-12:30pm</p>  <p>Ghost Story Writing with Bev! 1pm-2:30pm</p> 	<p>24</p> <p>Money Confidence at Barclays Bank 1pm-2pm</p> <p>£</p>	<p>25</p>
<p>28</p> <p>Chat and Relax 11am-12pm</p> 	<p>29</p> <p>Gardening 10am-1pm</p> 	<p>30</p> <p>Walking Group with Charlotte 10am-11am</p>  <p>Halloween Party! 6:30pm-8:30pm</p> 	<p>31</p> <p>Trip— River Thames Boat Trip Meet 10am</p> 	

NOVEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
<p>4</p> <p>Sing Out Choir! 10:30-12pm</p>  <p>Pub Night 7pm-9pm</p> 	<p>5</p> <p>Gardening 10am-1pm</p>  <p>Drama and Dance 10:30am-12pm</p> 	<p>6</p> <p>Bowling 10am-2pm</p> 	<p>7</p> <p>Life Skills 1pm-2pm</p> 	8
<p>11</p> <p>Sing Out Choir! 10:30-12pm</p> 	<p>12</p> <p>Gardening 10am-1pm</p>  <p>Drama and Dance 10:30am-12pm</p> 	<p>13</p> <p>Walking Group with Charlotte 10am-11am</p>  <p>Money Confidence with Rosa 12:30pm-1:30pm</p> 	<p>14</p> <p>Life Skills 1pm-2pm</p>  <p>Booking Day in the Office</p>	15
<p>18</p> <p>Sing Out Choir! 10:30-12pm</p> 	<p>19</p> <p>Gardening 10am-1pm</p>  <p>Drama and Dance 10:30am-12pm</p> 	<p>20</p> <p>Money Confidence with Rosa (Supermarket Sweep!) 12:00pm-1:30pm</p>  <p>Time to Talk (invite only) 2pm-3pm</p> 	<p>21</p> <p>Money Confidence at Barclays Bank 1pm-2pm</p>  <p>Booking Day in the Office</p>	22
<p>25</p> <p>Sing Out Choir! 10:30-12pm</p> 	<p>26</p> <p>Gardening 10am-1pm</p>  <p>Drama and Dance 10:30am-12pm</p> 	<p>27</p> <p>Chat and Relax 11am-12pm</p>  <p>Learn Makaton with Bev 1pm-2:30pm</p> 	<p>28th</p> <p>Pub Discovery 7pm-9pm</p> 	<p>(Saturday 30th November— Christmas Market and Choir Performance at St Stephens Church in partnership with Macmillan—ask office for tickets!)</p>

Arts and Crafts

Activity Lead— Victor and Jeff

Community House

One session a day—10:30am-12:30pm

£3 Pay on the Day

Drama and Dance

Activity Lead— Rosa and Charlie

**St Peter's Church, Grange Park,
N21 1DN**

From Sept-Oct we will be making a SCARY MOVIE to premiere at the Halloween Party! From Nov-Dec the group will be working towards a Christmas performance.

10:30am - 12:00pm

£5 per session

Zoom Pub Quiz!

Activity Lead— Shannon and Lucy

Online via Zoom

Free

Come along and enjoy a friendly quiz night from the comfort of your own home! Contact office if you need some help using Zoom.

Meeting [https://us04web.zoom.us/j/4737037536?](https://us04web.zoom.us/j/4737037536?pwd=salRoZPFaintRAgivxzJmFgU20ByJ4.1&omn=78143472017)

[pwd=salRoZPFaintRAgivxzJmFgU20ByJ4.1&omn=78143472017](https://us04web.zoom.us/j/4737037536?pwd=salRoZPFaintRAgivxzJmFgU20ByJ4.1&omn=78143472017)

Password—121

Gardening

Activity Lead— Bob

Bush Hill Park

£10 per term encouraged (4x term per year)

Chat and Relax

Activity Lead— Charlotte

Ridgeway Tavern

Come in for a nice cup of free tea or coffee, meet other members, catch up and socialise.

Walking Group

Activity Lead— Charlotte **(Bush Hill Park in
September)**

(Enfield Town in October and November)

Bring your own drinks and snacks. PLEASE WEAR SENSIBLE

Sing Out Choir!

Activity Lead— Camilla (choir leader) and
Charlotte

**Enfield Baptist Church, Cecil Road EN2
6TG**

£10 donation per term encouraged (4x Term
Per Year)

John Soanes Museum Trip

Meet Community House

Activity Lead— Bob

£20

Meet at Community House at 10am, travelling via public transport

Pub Night

Activity Lead— Charlotte

The Jolly Butchers

168 Baker Street, Enfield EN1 3JS

7pm -9pm

Please bring money for food and drinks.

Free

Time to Talk

Community House

Activity Leads— Fiona, Lucy

Free

Time to Talk is for members who need to resolve issues within the group.

Only invited members can attend this session. Please do not come if you have not been invited.

River Thames Boat Trip

Meet Community House

Activity Lead— Bob

£20

Meet at Community House at 10am, travelling via public transport

Pub Discovery

Activity Lead— Lucy

Various Pubs Across Enfield (look out for the flyer on WhatsApp or ask in the office!)

6pm -8pm

Free

Please bring money for food and drinks.

Money Confidence with Rosa!

Free

Community House, N9 OPZ

A group that uses roleplay and drama to build confidence in handling money and avoiding scams.

12:30pm-1:30pm

Money Confidence at Barclays Bank

Free

Barclays Bank, Enfield Town, EN2 6LS

Come and look around a bank and ask professionals any money related questions or worries you have.

1pm-2pm

Supermarket Sweep!

Free

Community House N9 OPZ

A game in ASDA Edmonton where each member is given £10 and a shopping list, who will bring back the most change?!

You can only attend this if you have attended Rosa's Money Confidence sessions. Limited spaces available.

Life Skills

Activity Lead— Stelios and Charlotte

Community House N9 OPZ

Build your confidence with Stelios as he helps you with a whole range of skills to make life a little bit easier, e.g budgeting. Come along to the Welcome Party and let him know what you would like help with!

10:30am - 12:00pm

Free

Bowling

Activity Lead— Bob

Rowans Leisure Complex

10 Stroud Green Road, N4 2DF

Meet at Community House at 10:15am, we will leave at 10:30am.

£7.70 per game and 2 games maximum

Please bring money for food or a packed lunch

Halloween Party!

Activity Lead— Lucy, Rosa, Charlie

Firs Farm Community Centre 6:30pm-8:30pm

£10 entry—includes a cake, drink and a ticket to a screening of the new SPOOKY MOVIE by One to One Enfield!

Costumes are encouraged!

Firs Farm 'Gosh It's Friday!'

Free entry subject to beverage purchase —
run by Firs Farm Community Hub

Firs Farm Community Hub

Drinks and Music at Firs Farm Community Hub. Once a month, our Sing Out Choir will perform, look out for exact dates on the WhatsApp or ask the office. Please note this activity is run by Firs Farm Community Hub. One to One staff will be there only on the days that the Choir are performing.

Ghost Story Writing with Bev

Free

Community House N9 OPZ

Write your own Spooky Story in preparation for Halloween with Bev!

Learn Makaton with Bev

Free

Community House N9 OPZ

Learn to use Makaton Sign Language in a fun group session with Bev.

Free Tutoring!

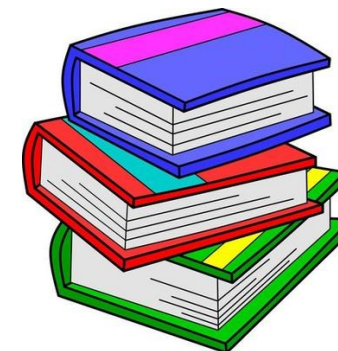
We are able to offer some members some free tutor sessions with our teacher, Shannon, to work on reading and writing in a non-judgemental, patient and safe environment. We are able to offer these in person sessions or online—please contact Lucy via email on lucy@one-to-one-enfield.co.uk to book.

Palmers Green Library, Choose any 30 minute slot between 5pm and 6:30pm.

Dates:

September 12th, 19th, 26th 5pm-6:30pm

October 10th, 17th, 24th



ROTARY NORTH LONDON DISABILITY GAMES

SUNDAY 13 OCTOBER 2024

ASPIRE LEISURE CENTRE, WOOD LANE, STANMORE HA7 4AP

Now in its 11th year!



EXCITING INDOOR ACTIVITIES INCLUDE:

BOCCIA • BOWLS • TABLE TENNIS
DARTS • BAGATELLE • STICK BALL • QUILTS
WHEELCHAIR SLALOM • NEW AGE KURLING

For information on how to take part,
contact your local Rotary Club
or email smaclachla@aol.com

Rotary



PEOPLE OF ACTION

Making a difference in our communities

Sponsored by the Rotary Clubs of:
Barnet; Bush Hill Park;
Edgware & Stanmore; Edmonton;
Enfield Chase; Golders Green;
Harrow; Kingsbury & Kenton
Northwick Park; Radlett;
Southgate; The Studios

Annual General Meeting

Park Avenue Day Centre, Main Hall

12:30pm-3pm

Monday 30th September 2024

Refreshments provided

One to One's Annual General Meeting. Everyone
welcome!

Christmas Market with Macmillan

St Stephens Church, 56 Village Road,
Enfield, EN1 2EU

£10 a ticket with food

All proceeds go to One to One
Performance from the Sing Out Choir!

SAVE THE DATE—WEDNESDAY 3RD DECEMBER 2024—

6:30-9PM

ONE TO ONE CHRISTMAS PARTY! More to be revealed soon...