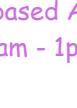




FEBRUARY ACTIVITIES

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI	SAT	SUN
					1	
<p>2 ENFIELD BAPTIST CHURCH Choir with Camilla (10:30am-12pm) *Free Flow Music with Camilla (by invitation only) 1pm-2pm OFFICE, 2 FARM ROAD N21 3JA Booking Day with Jay 12.30-1.30pm TRAVEL GROUP: SOUTHGATE COLLEGE from OFFICE (1.30pm) SOUTHGATE COLLEGE Sports Pick & Mix with Lucy (2:15-3:15pm)  </p>	<p>3 BUSH HILL PARK, Gardening with Bob (10:30am-12:30pm) OFFICE, 2 FARM ROAD N21 3JA Booking Day with Jay 12.30-1.30pm   THE LINCOLN ARMS Pub Discovery (7-8.30pm) </p>	<p>4 ST ALDHELM'S CHURCH with Toni: Art (10-11.15am), Create & Connect (11.30am - 2.30pm) *Art based Autism drop-in with Joe (11.30am - 1pm) </p>	<p>5 SOPHIE'S CAFE Chat & Relax with Desi (11am-12pm) ENFIELD TOWN PARK Walking group with Desi (12.15 - 1.15pm)  </p>	6	7	8
<p>9 ENFIELD BAPTIST CHURCH Choir with Camilla 10:30am-12pm *Free Flow Music with Camilla (by invitation only) 1pm-2pm An Audience with North London Hospice (Charlotte) 12:30-2:30pm TRAVEL GROUP: SOUTHGATE COLLEGE from OFFICE (1.30pm) SOUTHGATE COLLEGE Sports Pick & Mix with Ren (2:15-3:15pm)  </p>	<p>10 BUSH HILL PARK, Gardening with Bob (10:30am-12:30pm) ST ALDHELM'S HALL Cooking (1-2:30pm) </p>	<p>11 ST ALDHELM'S CHURCH with Toni: Art (10am-11:15am) Create & Connect (11.30am - 2.30pm) *Autism Art group Session with Joe (11:30am - 1pm) </p>	<p>12 RIDGEWAY TAVERN Chat & Relax with Desi & Lucy (11am-12pm)  ENFIELD TOWN PARK Walking group with Desi (12.30-1.30pm) </p>	13	14 NORTH ENFIELD CONSERVATIVE CLUB Choir performance with Camilla & Fiona, 12.30pm  	15
<p>16 TOTTENHAM COMMUNITY CENTRE Sports with Spurs (10am - 12.30pm) with Ren  THE WINCHMORE PUB *Evening Peer Support Group with Lucy (by invitation only) </p>	<p>17 BUSH HILL PARK, Gardening with Bob (10:30am-12:30pm) </p>	<p>18 ST ALDHELM'S CHURCH with Toni: Art (10am-11:15am) Create & Connect (11.30am - 2.30pm) *Autism Art group with Joe (11:30am - 1pm) </p>	<p>19 RIDGEWAY TAVERN Chat & Relax with Desi (11am-12pm)  ENFIELD TOWN PARK Walking group with Desi (12.30-1.30pm) </p>	20	21	22
<p>23 ENFIELD BAPTIST CHURCH Choir with Camilla (10:30am-12pm) *Free Flow Music with Camilla (by invitation only) 1pm-2pm TRAVEL GROUP: SOUTHGATE COLLEGE from OFFICE (1.30pm) SOUTHGATE COLLEGE Sports Pick & Mix with Ren (2:15-3:15pm)  </p>	<p>24 BUSH HILL PARK, Gardening with Bob (10:30am-12:30pm) RIDGEWAY TAVERN Pub Night (7-8.30pm) </p>	<p>25 ST ALDHELM'S CHURCH with Toni: Art (10am-11:15am) Create & Connect (11.30am - 2.30pm) *Autism Art group with Joe (11:30am - 1pm) </p>	<p>26 FIRS FARM COMMUNITY HUB Chat & Relax with Desi (11am-12pm) Walking group (12.15-1.15pm)  </p>	27	28	

ACTIVITY INFORMATION



If you want to pay for activities or events by bank transfer our details are:
One To One Enfield
Account: 51154045
Sort Code: 23-05-80
Metro Bank

Chat and Relax
Activity Lead - Desi
Ridgeway Tavern,
76 The Ridgeway, EN2 8JF
11am-12pm.
Come in for a nice cup of free tea or coffee. Meet other members, catch up and socialise.
Free to attend



Sports Pick and Mix
Southgate College,
Southgate, N14 6BS
2:15-3:15pm

Keep your mind and body fit with some sport activities in a friendly supportive environment.
Travel group will leave the office at 1:30pm
Free to attend



Pub Night
Activity Lead - Toni
Ridgeway Tavern,
76 The Ridgeway, EN2 8JF
7-8:30pm. Enjoy an evening of socialising, relaxing and catching up with others.
Free to attend, bring money to buy your drink/ food



Chat and Relax
Activity Lead - Desi
Sophie's Cafe,
2 Sarnesfield Road, EN2 6AS
(opposite Enfield Town Library green)
11am-12pm.
Join us for a nice cup of free tea or coffee. Meet other members, catch up and socialise.
Free to attend



Cooking
Activity Lead - Jane
St Aldhelm's Hall,
Windmill Road,
London N18 1PA
1-2:30pm. Enjoy a fun session of cooking and socialising!
Free to attend



Curry Night Fundraiser
St Paul's Church
Winchmore Hill
Church Hill, N21 1JA
Buy a ticket to Curry Night and help to raise money for One To One Enfield!
Cost of tickets and more details will be shared soon!



Walking Group
Activity Lead - Desi
Enfield Town Park,
Cecil Rd, EN2 6LE
approx. 12:30-1:30pm
*Desi will be travelling to the park from The Ridgeway Tavern on public transport. Please be patient as you wait for her to arrive.
WEAR SENSIBLE WALKING SHOES
Free to attend



Booking Days with Jay
One To One Office,
2 Farm Road, N21 3JA
12.30-1.30pm
Come along to book and pay for activity sessions, ask questions and find out more about what's on the calendar
We accept cheque, cash and card payments for payable events



Gardening
Activity Lead - Bob
99 Lincoln Road,
Enfield EN1 1JX
10:30am-12:30pm Meeting by the bike sheds for gardening and a cup of tea!
£5 per term (January - March)



Walking Group
Activity Lead - Desi
Firs Farm Community Hub,
Playing Fields,
Firs Lane N21 2PJ
12:15-1:15pm
PLEASE WEAR SENSIBLE WALKING SHOES
Free to attend



Create & Connect
Activity Lead - Toni
St Aldhelm's Church,
Windmill Road,
London N18 1PA
11.30am -2.30pm
Join us for a friendly, creative, and totally relaxed gathering where everyone's welcome! Enjoy good company and create new ideas together. **Free to attend**



Sing Out Choir!
Activity Lead - Camilla (choir lead) and Charlotte
Enfield Baptist Church,
Cecil Road EN2 6TG
10:30am-12pm
£20 per term for members (January - March)
£5 per non One-to-One Member each session



Choir Performance
Activity Lead - Camilla & Fiona
Conservative Club,
278 Baker St,
Enfield EN1 3LD
Help us to celebrate 20 years of the Chase Rotary Club by performing songs before joining everyone for brunch.
Free to attend.
Book early, there are limited spaces!!



An Audience with North London Hospice
Activity Lead - Charlotte
Enfield Baptist Church,
Cecil Road
EN2 6TG
12:30pm-2:30pm
All members welcome!
Free to attend



Pub Discovery
Activity Lead - Toni
The Lincoln Arms,
155 Percival Rd,
Enfield EN1 1QT
7-8:30pm. Enjoy an evening of socialising, relaxing and catching up with others.
Free to attend, bring money to buy your drink/ food



Autism Art
Activity Lead - Joe
St Aldhelms, Windmill Road, London N18 1PA
11:30am-1pm
Open to all skill levels, a welcoming space for creativity & community. Create and share art!
Free to attend



Art Group
Activity Lead - Toni
St Aldhelms, Windmill Road, London N18 1PA
10am-11:15am
Open to all skill levels, a welcoming space for creativity and community. Create and share art pieces!
Free to attend



Free Flow Music
Lead by Camilla
Enfield Baptist Church,
Cecil Road, EN2 6TG
By invitation only (for our autistic members).
1-2pm.
Come and enjoy some free flow music in a friendly and supportive environment.
Free to attend



Sports with Spurs
Activity Lead - Ren
Tottenham Community Sports Centre,
701-703 High Rd, N17 8AD
10am - 12.30pm
A range of easy-to-join-in sports activities to get us moving and to have healthier lifestyles, provided by staff from the Spurs Foundation Team
Free to attend



St Aldhelm's Church has kindly offered its space for us to use on a Wednesday. Every week they take food bank donations, so if you are willing and able, please bring food bank donations along. Please let us know if you would like to volunteer for St Aldhelm's Food Bank!