



# MARCH ACTIVITIES 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI	SAT	SUN
<p>2</p> <p><b>ACTIVITY SIGN UPS</b> 12.30pm-1.30pm 2 Farm Road, Office</p> <p><b>CHOIR WITH CAMILLA</b> 10:30am-12pm Enfield Baptist Church <i>*Free Flow Music with Camilla (by invitation only) 1pm-2pm</i></p> <p><b>SPORTS PICK AND MIX WITH REN</b> 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</p>   	<p>3</p> <p><b>ACTIVITY SIGN UPS</b> 12.30pm-1.30pm 2 Farm Road, Office</p> <p><b>GARDENING WITH BOB</b> 10:00am-13:00pm Bush Hill Park</p>  	<p>4</p> <p><b>ART WITH TONI</b> 10:00am - 11:15am ST Aldhelm's Church</p> <p><b>CREATE AND CONNECT WITH TONI</b> 11.30am - 2:00pm St Aldhelm's Church <i>*Art for Autistic members only with Joe 11.30am - 1:00pm</i></p>   	<p>5</p> <p><b>WALKING GROUP WITH DESI</b> 12.15-1.15pm Enfield Town Park</p> 	6	7	8
<p>9</p> <p><b>AN AUDIENCE WITH NORTH LONDON HOSPICE WITH LUCY</b> 12:30pm-2:30pm Enfield Baptist Church</p> <p><b>SPORTS PICK AND MIX WITH REN</b> 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</p>  	<p>10</p> <p><b>GARDENING WITH BOB</b> 10:00am-13:00pm Bush Hill Park</p> <p><b>COOKERY CLASS</b> 1:00pm-2:30pm St Aldhelm's Hall</p> <p><b>PUB NIGHT WITH ROWAN</b> 7:00pm-8:30pm Ridgeway Tavern</p>   	<p>11</p> <p><b>ART WITH TONI</b> 10:00am - 11:15am ST Aldhelm's Church</p> <p><b>CREATE AND CONNECT WITH TONI</b> 11.30am - 2:00pm St Aldhelm's Church <i>*Art for Autistic members only with Joe 11.30am - 1:00pm</i></p>   	<p>12</p> <p><b>TRIP TO ROWANS BOWLING WITH BOB AND DESI</b> Meet at COMMUNITY HOUSE, 10am</p> <p><i>Members to pay on arrival, Tickets are £7.60 per player, per game</i></p> 	13	14	15
<p>16</p> <p><b>CHOIR WITH CAMILLA</b> 10:30am-12pm Enfield Baptist Church</p> <p><b>SPORTS PICK AND MIX WITH REN</b> 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</p>  	<p>17</p> <p><b>GARDENING WITH BOB</b> 10:00am-13:00pm Bush Hill Park</p> <p><b>HAPPY ST. PATRICK'S DAY</b></p>  	<p>18</p> <p><b>ART WITH TONI</b> 10:00am - 11:15am ST Aldhelm's Church</p> <p><b>CREATE AND CONNECT WITH TONI</b> 11.30am - 2:00pm St Aldhelm's Church <i>*Art for Autistic members only with Joe 11.30am - 1:00pm</i></p>   	<p>19</p> <p><b>CHAT AND RELAX WITH DESI</b> 11:00am - 12:00pm Firs Farm Community Hub</p> <p><b>WALKING GROUP WITH DESI</b> 12.15-1.15pm Firs Farm Community Hub</p>  	20	21	22
<p>23</p> <p><b>CHOIR PERFORMANCE, FILM SOUNDTRACKS</b> 12:30pm-1:30pm Enfield Baptist Church</p> <p><b>SPORTS PICK AND MIX WITH REN</b> 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</p>  	<p>24</p> <p><b>GARDENING WITH BOB</b> 10:00am-13:00pm Bush Hill Park</p> <p><b>COOKERY CLASS</b> 1:00pm-3:00pm St Aldhelm's Hall</p>  	<p>25</p> <p><b>ART</b> 10:00am - 11:15am ST Aldhelm's Church</p> <p><b>VOLUNTEERING AT ST ALDHELMS'</b> 1:00-2:30PM ST Aldhelm's Church <i>*Art for Autistic members only with Joe 11.30am - 1:00pm</i></p>  	<p>26</p> <p><b>CHAT AND RELAX WITH DESI</b> 11:00am-12:00pm RIDGEWAY TAVERN</p> <p><b>WALKING GROUP WITH DESI</b> 12.15-1.15pm Enfield Town Park</p> <p><b>PUB DISCOVERY WITH TONI</b> The Queens Head 7:00pm-8:30pm</p>   	27	28	29
<p>30</p> <p><b>SPORTS WITH SPURS WITH REN</b> 10:00am-12:30pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 9:00am to TOTTENHAM COMMUNITY CENTRE</p> 	<p>31</p> <p><b>ACTIVITY SIGN UPS</b> 12.30-1.30pm 2 Farm Road, Office</p> <p><b>FLEX FITNESS WITH REN</b> 10:30-11:30am Firs Farm Community Hub</p> <p><b>GARDENING WITH BOB</b> 10:00am-13:00pm Bush Hill Park</p>   					



# ACTIVITY INFORMATION



If you want to pay for activities or events by bank transfer our details are:  
**One To One Enfield**  
**Account: 51154045**  
**Sort Code: 23-05-80**  
**Metro Bank**

**Chat and Relax**  
 Activity Lead - Desi   
 Ridgeway Tavern,  
 76 The Ridgeway, EN2 8JF  
 or Firs Farm Community Hub  
 Firs Lane, N21 2PJ  
 11am-12pm.  
 Come in for a nice cup of free tea or coffee. Meet other members, catch up and socialise.  
**Free to attend**

**Sports Pick and Mix**  
 Activity Lead - Ren  
 Southgate College,  
 Southgate, N14 6BS  
 2:15-3:15pm  
 Keep your mind and body fit with some sport activities in a friendly supportive environment.  
 Travel group will leave the office at 1:30pm  
**Free to attend**



**Pub Night**  
 Activity Lead - Rowan  
 Ridgeway Tavern,  
 76 The Ridgeway, EN2 8JF  
 7-8:30pm.  
 Enjoy an evening of socialising, relaxing and catching up with others.  
**Free to attend, bring money to by your drink/ food**



**Cookery class**  
 Activity Lead - Jane  
 St Aldhelm's Hall,  
 Windmill Road,  
 London N18 1PA   
 1-2:30pm.  
 Enjoy a fun session of cooking and socialising!  
**Free to attend**

**Trip Rowan's Tenpin Bowling**  
 Activity Lead - Bob and Desi  
 Meet at Community House at 10am  
 311 Fore Street N9 OPZ To travel to Rowans Tenpin Bowling  
 10 Stroud Green Road N4 2DF  
 Join us for a Bowling trip, We will travel together from Community House by public transport. Enjoy a fun day out of socialising and perfecting your bowling skills!  
**Please bring money for the bowling and travel, bowling is £7.60 per member per game.**

**Volunteering at St Aldhelm's**  
 Activity Lead - One to One staff and Nikki  
 St Aldhelm's Church,  
 Windmill Road,  
 London N18 1PA

Join us at St Aldhelms to help with sweeping and food bank preparation.  
**Free to Attend**



**Walking Group**  
 Activity Lead - Desi   
 Enfield Town Park,  
 Cecil Road, EN2 6LE  
 approx. 12:30-1:30pm  
 \*Desi will be travelling to the park from The Ridgeway Tavern on public transport. Please be patient as you wait for her to arrive. WEAR SENSIBLE WALKING SHOES  
**Free to attend**

**Activity sign ups in office**  
 One To One Office,  
 2 Farm Road, N21 3JA  
 12.30-1.30pm  
 Come along to book and pay for activity sessions, ask questions and find out more about what's on the calendar  
**We accept cheque, cash and card payments for payable events**



**Gardening**  
 Activity Lead - Bob   
 99 Lincoln Road,  
 Enfield EN1 1JX  
 10:30am-12:30pm  
 Meeting by the bike sheds for gardening and a cup of tea!  
**£5 per term (January - March)**

**Walking Group**  
 Activity Lead - Desi  
 Firs Farm Community Hub,  
 Playing Fields,  
 Firs Lane N21 2PJ  
 12:15-1:15pm  
 PLEASE WEAR SENSIBLE WALKING SHOES  
**Free to attend**



**Create & Connect**  
 Activity Lead - Toni   
 St Aldhelm's Church,  
 Windmill Road,  
 London N18 1PA  
 11.30am -2.00pm  
 Join us for a friendly, creative, and totally relaxed gathering where everyone's welcome! Enjoy good company and create new ideas together. **Free to attend**

**Sing Out Choir!**  
 Activity Lead - Camilla (choir lead)  
 Enfield Baptist Church,  
 Cecil Road EN2 6TG  
 10:30am-12pm  
**£20 per term for members (January - March)**  
**£5 per non One-to-One Member each session**



**Choir Performance**  
 Activity Lead - Camilla (choir lead)  
 Enfield Baptist Church,  
 Cecil Road EN2 6TG  
 12:30pm-1:30pm  
 Come and Support our sing out choir in their performance of Film soundtracks! Enjoy some familiar and fun music!  
**Free to attend**



**An Audience with North London Hospice**  
 Activity Lead - Lucy   
 Enfield Baptist Church,  
 Cecil Road  
 EN2 6TG  
 12:30pm-2:30pm  
 All members welcome!  
**Free to attend**

**Pub Discovery**  
 Activity Lead - Toni  
 Queens Head,  
 41-43 Station Road,  
 N21 3NB  
 7-8:30pm.  
 Enjoy an evening of socialising, relaxing and catching up with others.  
**Free to attend, bring money to by your drink/ food**



**Autism Art**  
 Activity Lead - Joe   
 St Aldhelm's Church,  
 Windmill Road, London  
 N18 1PA  
 11:30am-1pm  
 Open to all skill levels, a welcoming space for creativity & community. Create and share art!  
**Free to attend**

**Art Group**  
 Activity Lead - Toni  
 St Aldhelms, Windmill Road,  
 London N18 1PA   
 10am-11:15am  
 Open to all skill levels, a welcoming space for creativity and community. Create and share art pieces!  
**Free to attend**

**Free Flow Music**  
 Activity Lead- Camilla   
 Enfield Baptist Church,  
 Cecil Road, EN2 6TG  
**By invitation only (for our autistic members).**  
 1-2pm.  
 Come and enjoy some free flow music in a friendly and supportive environment.  
**Free to attend**

**Sports with Spurs**  
 Activity Lead - Ren  
 Tottenham Community Sports Centre, 701-703 High Road,  
 N17 8AD  
 10am - 12.30pm  
 A range of easy-to-join-in sports activities to get us moving and to have healthier lifestyles, provided by staff from Tottenham Foundation Team  
**Free to attend**



**Flex Fitness**  
 Activity Lead - Ren   
 Firs Farm Community Hub,  
 Firs Lane N21 2PJ  
 10:30am-11:30am  
 Come and join us for a combination of strength, balance and flexibility. Improve joint mobility and function, reduce tension and stiffness in the body.  
**Free to attend**