



















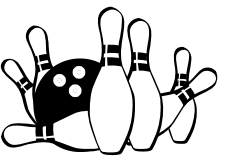





























MARCH ACTIVITIES 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI	SAT	SUN
<div>2</div> <div>ACTIVITY SIGN UPS 12.30pm-1.30pm 2 Farm Road, Office</div> <div></div> <div>CHOIR WITH CAMILLA 10:30am-12pm Enfield Baptist Church</div> <div></div> <div>*Free Flow Music with Camilla (by invitation only) 1pm-2pm</div> <div>SPORTS PICK AND MIX WITH REN 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</div> <div></div>	<div>3</div> <div>ACTIVITY SIGN UPS 12.30pm-1.30pm 2 Farm Road, Office</div> <div></div> <div>GARDENING WITH BOB 10:30am-12:30pm Bush Hill Park</div> <div></div>	<div>4</div> <div>ART WITH TONI 10:00am - 11:15am ST Aldhelm's Church</div> <div></div> <div>CREATE AND CONNECT WITH TONI 11.30am - 2:00pm St Aldhelm's Church</div> <div>*Art for Autistic members only with Joe 11.30am - 1:00pm</div> <div></div>	<div>5</div> <div>WALKING GROUP WITH DESI 12.15-1.15pm Enfield Town Park</div> <div></div>	<div>6</div>	<div>7</div>	<div>8</div>
<div>9</div> <div>AN AUDIENCE WITH NORTH LONDON HOSPICE WITH LUCY 12:30pm-2:30pm Enfield Baptist Church</div> <div></div> <div>SPORTS PICK AND MIX WITH REN 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</div> <div></div>	<div>10</div> <div>GARDENING WITH BOB 10:30am-12:30pm Bush Hill Park</div> <div></div> <div>COOKERY CLASS 1:00pm-2:30pm St Aldhelm's Hall</div> <div></div> <div>PUB NIGHT WITH ROWAN 7:00pm-8:30pm Ridgeway Tavern</div> <div></div>	<div>11</div> <div>ART WITH TONI 10:00am - 11:15am ST Aldhelm's Church</div> <div></div> <div>CREATE AND CONNECT WITH TONI 11.30am - 2:00pm St Aldhelm's Church</div> <div>*Art for Autistic members only with Joe 11.30am - 1:00pM</div> <div></div>	<div>12</div> <div>TRIP TO ROWANS BOWLING WITH BOB AND DESI Meet at COMMUNITY HOUSE, 10am</div> <div>Members to pay on arrival, Tickets are £7.60 per player, per game</div> <div></div>	<div>13</div>	<div>14</div>	<div>15</div>
<div>16</div> <div>CHOIR WITH CAMILLA 10:30am-12pm Enfield Baptist Church</div> <div></div> <div>SPORTS PICK AND MIX WITH REN 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</div> <div></div>	<div>17</div> <div>GARDENING WITH BOB 10:30am-12:30pm Bush Hill Park</div> <div></div> <div></div>	<div>18</div> <div>ART WITH TONI 10:00am - 11:15am ST Aldhelm's Church</div> <div></div> <div>CREATE AND CONNECT WITH TONI 11.30am - 2:00pm St Aldhelm's Church</div> <div>*Art for Autistic members only with Joe 11.30am - 1:00pm</div> <div></div>	<div>19</div> <div>CHAT AND RELAX WITH DESI 11:00am - 12:00pm Firs Farm Community Hub</div> <div></div> <div>WALKING GROUP WITH DESI 12.15-1.15pm Firs Farm Community Hub</div> <div></div>	<div>20</div>	<div>21</div>	<div>22</div>
<div>23</div> <div>CHOIR PERFORMANCE, FILM SOUNDTRACKS 12:30pm-1:30pm Enfield Baptist Church</div> <div></div> <div>SPORTS PICK AND MIX WITH REN 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</div> <div></div>	<div>24</div> <div>GARDENING WITH BOB 10:30am-12:30pm Bush Hill Park</div> <div></div> <div>COOKERY CLASS 1:00pm-3:00pm St Aldhelm's Hall</div> <div></div>	<div>25</div> <div>ART WITH TONI 10:00am - 11:15am ST Aldhelm's Church</div> <div></div> <div>VOLUNTEERING AT ST ALDHELM'S WITH TONI 1:00-2:30PM ST Aldhelm's Church</div> <div>CREATE AND CONNECT WITH TONI 11.30am - 2:00pm St Aldhelm's Church</div> <div>*Art for Autistic members only with Joe 11.30am - 1:00pm</div> <div></div>	<div>26</div> <div>CHAT AND RELAX WITH DESI 11:00am-12:00pm RIDGEWAY TAVERN</div> <div></div> <div>WALKING GROUP WITH DESI 12.15-1.15pm Enfield Town Park</div> <div></div> <div>PUB DISCOVERY WITH TONI The Queens Head 7:00pm-8:30pm</div> <div></div>	<div>27</div>	<div>28</div>	<div>29</div>
<div>30</div> <div>SPORTS WITH SPURS WITH REN 10:00am-12:30pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 9:00am to TOTTENHAM COMMUNITY CENTRE</div> <div></div>	<div>31</div> <div>ACTIVITY SIGN UPS 12.30-1.30pm 2 Farm Road, Office</div> <div></div> <div>FLEX FITNESS WITH REN 10:30-11:30am Firs Farm Community Hub</div> <div>GARDENING WITH BOB 10:30am-12:30pm Bush Hill Park</div> <div></div>					



ACTIVITY INFORMATION



If you want to pay for activities or events by bank transfer our details are:

One To One Enfield
Account: 51154045
Sort Code: 23-05-80
Metro Bank

Chat and Relax

Activity Lead - Desi
Ridgeway Tavern,
76 The Ridgeway, EN2 8JF
or Firs Farm Community Hub
Firs Lane, N21 2PJ
11am-12pm.

Come in for a nice cup of free tea or coffee. Meet other members, catch up and socialise.

Free to attend



Sports Pick and Mix

Activity Lead - Ren
Southgate College,
Southgate, N14 6BS
2:15-3:15pm
Keep your mind and body fit with some sport activities in a friendly supportive environment.

Travel group will leave the office at 1:30pm

Free to attend



Pub Night

Activity Lead - Rowan
Ridgeway Tavern,
76 The Ridgeway, EN2 8JF
7-8:30pm.

Enjoy an evening of socialising, relaxing and catching up with others.

Free to attend, bring money to by your drink/ food



Cookery class

Activity Lead - Jane
St Aldhelm's Hall,
Windmill Road,
London N18 1PA
1-2:30pm.

Enjoy a fun session of cooking and socialising!

Free to attend



Trip Rowan's Tenpin Bowling

Activity Lead - Bob and Desi
Meet at Community House at 10am
311 Fore Street N9 0PZ To travel to Rowans Tenpin Bowling
10 Stroud Green Road N4 2DF
Join us for a Bowling trip, We will travel together from Community House by public transport. Enjoy a fun day out of socialising and perfecting your bowling skills!

Please bring money for the bowling and travel, bowling is £7.60 per member per game.

PLEASE DO NOT
ARRIVE TOO
EARLY FOR
EVENTS

It is important to arrive no more than 10 minutes before activities start.
This keeps members safe and stops us being overcharged for longer venue hire.

Walking Group

Activity Lead - Desi
Enfield Town Park,
Cecil Road, EN2 6LE
approx. 12:30-1:30pm

*Desi will be travelling to the park from The Ridgeway Tavern on public transport. Please be patient as you wait for her to arrive. WEAR SENSIBLE WALKING SHOES

Free to attend



Activity sign ups in office

One To One Office,
2 Farm Road, N21 3JA
12.30-1.30pm

Come along to book and pay for activity sessions, ask questions and find out more about what's on the calendar

We accept cheque, cash and card payments for payable events



Gardening

Activity Lead - Bob
99 Lincoln Road,
Enfield EN1 1JX
10:30am-12:30pm
Meeting by the bike sheds for gardening and a cup of tea!

£5 per term (January - March)



Walking Group

Activity Lead - Desi
Firs Farm Community Hub,
Playing Fields,
Firs Lane N21 2PJ
12:15-1:15pm

PLEASE WEAR SENSIBLE WALKING SHOES

Free to attend



Create & Connect

Activity Lead - Toni
St Aldhelm's Church,
Windmill Road,
London N18 1PA
11.30am -2.00pm

Join us for a friendly, creative, and totally relaxed gathering where everyone's welcome! Enjoy good company and create new ideas together. **Free to attend**



Sing Out Choir!

Activity Lead - Camilla (choir lead)
Enfield Baptist Church,
Cecil Road EN2 6TG
10:30am-12pm

£20 per term for members (January - March)

£5 per non One-to-One Member each session



Choir Performance

Activity Lead - Camilla (choir lead)
Enfield Baptist Church,
Cecil Road EN2 6TG
12:30pm-1:30pm

Come and Support our sing out choir in their performance of Film soundtracks! Enjoy some familiar and fun music!

Free to attend



An Audience with North London Hospice

Activity Lead - Lucy
Enfield Baptist Church,
Cecil Road
EN2 6TG

12:30pm-2:30pm
All members welcome!

Free to attend



Pub Discovery

Activity Lead - Toni
Queens Head,
41-43 Station Road,
N21 3NB
7-8:30pm.

Enjoy an evening of socialising, relaxing and catching up with others.

Free to attend, bring money to by your drink/ food



Autism Art

Activity Lead - Joe
St Aldhelm's Church,
Windmill Road, London
N18 1PA

11:30am-1pm
Open to all skill levels, a welcoming space for creativity & community. Create and share art!

Free to attend



Art Group

Activity Lead - Toni
St Aldhelms, Windmill Road,
London N18 1PA
10am-11:15am

Open to all skill levels, a welcoming space for creativity and community. Create and share art pieces!

Free to attend



Free Flow Music

Activity Lead- Camilla
Enfield Baptist Church,
Cecil Road, EN2 6TG
By invitation only (for our autistic members).

1-2pm.
Come and enjoy some free flow music in a friendly and supportive environment.
Free to attend



Sports with Spurs

Activity Lead - Ren
Tottenham Community Sports Centre, 701-703 High Road,
N17 8AD
10am - 12.30pm

A range of easy-to-join-in sports activities to get us moving and to have healthier lifestyles, provided by staff from Tottenham Foundation Team
Free to attend



Flex Fitness

Activity Lead - Ren
Firs Farm Community Hub,
Firs Lane N21 2PJ
10:30am-11:30am

Come and join us for a combination of strength, balance and flexibility. Improve joint mobility and function, reduce tension and stiffness in the body.

Free to attend

