



Autism Hub Events – January 2026

Drop-in sessions are open to all members of the public and do not need to be booked.

You may have to wait your turn to be seen.

Any member can drop in to discuss anything on their mind with a Peer Support Worker and/or an Activity Lead such as housing, referrals, support within the community, including information about One To One Enfield.

Peer Support Groups are a closed group. If you would like to join one, you must email Lucy lucy@one-to-one-enfield.co.uk to discuss which group may be right for you. It is important to us to keep group members informed of any changes, including the addition of new members.

Wednesday 14th January – **Autism Drop In (with Joe)**

11:30-13:00

St Aldhelm's, 2 Windmill Road, London N18 1PA

Thursday 15th January – **Inclusive Chat and Relax (with Desi)**

11:00-12:00

The Ridgeway Tavern, 76 The Ridgeway, EN2 8JF

Monday 19th January – **Evening Peer Support Group**

18:30-20:00

The Winchmore Pub (by invitation only, please enquire first)

Wednesday 21st January – **Autism Art Session (with Joe)**

11:30am-1pm

St Aldhelm's, 2 Windmill Road, London N18 1PA

(Please note, there are no sessions at St Aldhelm's on Wednesday 28th January 2026 due to a full member and staff team trip to the Southbury Leisure Centre open day, open to all members.)

Thursday 29th January – **Online Peer Support Group**

19:30-21:00

Microsoft Teams (please email lucy@one-to-one-enfield.co.uk for link)

ANY QUESTIONS?

Please contact LUCY on lucy@one-to-one-enfield.co.uk or call 0203 971 3984, Mon-Thurs 10am-2pm