



MARCH ACTIVITIES 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI	SAT	SUN
<p>2</p> <p>ACTIVITY SIGN UPS 12.30pm-1.30pm 2 Farm Road, Office</p> <p>CHOIR WITH CAMILLA 10:30am-12pm Enfield Baptist Church <i>*Free Flow Music with Camilla (by invitation only) 1pm-2pm</i></p> <p>SPORTS PICK AND MIX WITH REN 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</p>   	<p>3</p> <p>ACTIVITY SIGN UPS 12.30pm-1.30pm 2 Farm Road, Office</p> <p>GARDENING WITH BOB 10:00am-1:00pm Bush Hill Park</p>  	<p>4</p> <p>ART WITH TONI 10:00am - 11:15am ST Aldhelm's Church</p> <p>CREATE AND CONNECT WITH TONI 11.30am - 2:00pm St Aldhelm's Church <i>*Art for Autistic members only with Joe 11.30am - 1:00pm</i></p>   	<p>5</p> <p>WALKING GROUP WITH DESI 12.15-1.15pm Enfield Town Park</p> 	6	7	8
<p>9</p> <p>AN AUDIENCE WITH NORTH LONDON HOSPICE WITH LUCY 12:30pm-2:30pm Enfield Baptist Church</p> <p>SPORTS PICK AND MIX WITH REN 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</p> 	<p>10</p> <p>GARDENING WITH BOB 10:00am-1:00pm Bush Hill Park</p> <p>COOKERY CLASS 1:00pm-2:30pm St Aldhelm's Hall</p> <p>PUB NIGHT WITH ROWAN 7:00pm-8:30pm Ridgeway Tavern</p>   	<p>11</p> <p>ART WITH TONI 10:00am - 11:15am ST Aldhelm's Church</p> <p>CREATE AND CONNECT WITH TONI 11.30am - 2:00pm St Aldhelm's Church <i>*Art for Autistic members only with Joe 11.30am - 1:00pm</i></p>   	<p>12</p> <p>TRIP TO ROWANS BOWLING WITH BOB AND DESI Meet at COMMUNITY HOUSE, 10am</p> <p><i>Members to pay on arrival, Tickets are £7.60 per player, per game</i></p> 	13	14	15
<p>16</p> <p>CHOIR WITH CAMILLA 10:30am-12pm Enfield Baptist Church</p> <p>SPORTS PICK AND MIX WITH REN 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</p>  	<p>17</p> <p>GARDENING WITH BOB 10:00am-1:00pm Bush Hill Park</p> <p>HAPPY ST. PATRICK'S DAY</p>  	<p>18</p> <p>ART WITH TONI 10:00am - 11:15am ST Aldhelm's Church</p> <p>CREATE AND CONNECT WITH TONI 11.30am - 2:00pm St Aldhelm's Church <i>*Art for Autistic members only with Joe 11.30am - 1:00pm</i></p>   	<p>19</p> <p>CHAT AND RELAX WITH DESI 11:00am - 12:00pm Firs Farm Community Hub</p> <p>WALKING GROUP WITH DESI 12.15-1.15pm Firs Farm Community Hub</p>  	20	21	22
<p>23</p> <p>CHOIR PERFORMANCE, FILM SOUNDTRACKS 12:30pm-1:30pm Enfield Baptist Church</p> <p>SPORTS PICK AND MIX WITH REN 2:15pm-3:15pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 1.30pm to SOUTHGATE COLLEGE</p>  	<p>24</p> <p>GARDENING WITH BOB 10:00am-1:00pm Bush Hill Park</p> <p>COOKERY CLASS 1:00pm-3:00pm St Aldhelm's Hall</p>  	<p>25</p> <p>ART 10:00am - 11:15am ST Aldhelm's Church</p> <p>VOLUNTEERING AT ST ALDHELM'S 1:00-2:30 ST Aldhelm's Church <i>*Art for Autistic members only with Joe 11.30am - 1:00pm</i></p>  	<p>26</p> <p>CHAT AND RELAX WITH DESI 11:00am-12:00pm RIDGWAY TAVERN</p> <p>WALKING GROUP WITH DESI 12.15-1.15pm Enfield Town Park</p> <p>PUB DISCOVERY WITH REN The Queens Head 7:00pm-8:30pm</p>   	27	28	29
<p>30</p> <p>SPORTS WITH SPURS WITH REN 10:00am-12:30pm TRAVEL GROUP: From OFFICE, 2 FARM ROAD N21 3JA at 9:00am to TOTTENHAM COMMUNITY CENTRE</p> 	<p>31</p> <p>ACTIVITY SIGN UPS 12.30-1.30pm 2 Farm Road, Office</p> <p>GARDENING WITH BOB 10:00am-1:00pm Bush Hill Park</p> <p>FLEX FITNESS WITH REN 10:30am-12:30pm Firs Farm Community Hub</p>  					



ACTIVITY INFORMATION



If you want to pay for activities or events by bank transfer our details are:

One ToOne Enfield Account: 51154045 Sort Code: 23-05-80 Metro Bank

Chatand Relax
Activity Lead - Desi
Ridgeway Tavern,
76 The Ridgeway, EN2 8JF
or Firs Farm Community Hub
Firs Lane, N21 2PJ
11am-12pm.
Come in for a nice cup of free tea or coffee. Meet other members, catch up and socialise.
Free to attend



SportsPick and Mix
ActivityLead - Ren
Southgate College,
Southgate, N14 6BS
2:15-3:15pm
Keep your mind and body fit with some sport activities in a friendly supportive environment.
Travel group will leave the office at 1:30pm
Free to attend



Pub Night Activity Lead - Rowan
Ridgeway Tavern,
76 The Ridgeway, EN28JF
7-8:30pm. Enjoy an evening of socialising, relaxing and catching up with others.
Free to attend, bring money to by your drink/ food



Cookery class
Activity Lead - Jane
StAldhelm's Hall,
Windmill Road,
London N18 1PA
1-2:30pm.
Enjoy a fun session of cooking and socialising!
Free to attend



Trip Rowan's Tenpin Bowling
Activity Lead - Bob and Desi
Meet at Community House at 10am 311 Fore Street N9 OPZ To travel to Rowans Tenpin Bowling 10 Stroud Green Road N4 2DF
Join us for a Bowling trip, We will travel together from Community House by public transport. Enjoy a fun day out of socialising and perfecting your bowling skills! **Please bring money for the bowling and travel, bowling is £7.60 per member per game.**

PLEASE DO NOT ARRIVE TOO EARLY FOR EVENTS

It is important to arrive no more than 10 minutes before activities start. This keeps members safe and stops us being overcharged for longer venue hire.

Walking Group
Activity Lead - Desi
Enfield Town Park,
Cecil Road, EN2 6LE
approx. 12:30-1:30pm
*Desi will be travelling to the park from The Ridgeway Tavern on public transport. Please be patient as you wait for her to arrive. **WEAR SENSIBLE WALKING SHOES**
Free to attend



Activity sign ups in office
One To One Office,
2 Farm Road, N21 3JA
12.30-1.30pm
Come along to book and pay for activity sessions, ask questions and find out more about what's on the calendar
We accept cheque, cash and card payments for payable events



Gardening
Activity Lead - Bob
99 Lincoln Road,
Enfield EN1 1JX
10:30am-12:30pm
Meeting by the bike sheds for gardening and a cup of tea!
£5 per term (January - March)



Walking Group
Activity Lead - Desi
Firs Farm Community Hub,
Playing Fields,
Firs Lane N21 2PJ
12:15-1:15pm
PLEASE WEAR SENSIBLE WALKING SHOES
Free to attend



Create & Connect
Activity Lead - Toni
St Aldhelm's Church,
Windmill Road,
London N18 1PA
11.30am -2.00pm
Join us for a friendly, creative, and totally relaxed gathering where everyone's welcome! Enjoy good company and create new ideas together. **Free to attend**



Sing Out Choir!
Activity Lead - Camilla (choir lead)
Enfield Baptist Church,
Cecil Road EN2 6TG
10:30am-12pm
£20 per term for members (January - March)
£5 per non One-to-One Member each session



Choir Performance Activity Lead - Camilla (choir lead)
Enfield Baptist Church, Cecil Road EN2 6TG 12:30pm-1:30pm
Come and Support our sing out choir in their performance of Film soundtracks! Enjoy some familiar and fun music!
Free to attend



An Audience with North London Hospice
Activity Lead - Lucy
Enfield Baptist Church,
Cecil Road
EN2 6TG
12:30pm-2:30pm
All members welcome!
Free to attend



Pub Discovery
Activity Lead - Ren
Queens Head, 41-43 Station Road, N21 3NB
7-8:30pm. Enjoy an evening of socialising, relaxing and catching up with others.
Free to attend, bring money to by your drink/ food



Autism Art
Activity Lead - Joe
St Aldhelm's Church,
Windmill Road, London N18 1PA
11:30am-1pm
Open to all skill levels, a welcoming space for creativity & community. Create and share art!
Free to attend



Art Group
Activity Lead - Toni
St Aldhelms, Windmill Road, London N18 1PA
10am-11:15am
Open to all skill levels, a welcoming space for creativity and community. Create and share art pieces!
Free to attend



Free Flow Music
Activity Lead- Camilla
Enfield Baptist Church,
Cecil Road, EN2 6TG
By invitation only (for our autistic members).
1-2pm.
Come and enjoy some free flow music in a friendly and supportive environment.
Free to attend



Sports with Spurs Activity Lead - Ren
Tottenham Community Sports Centre, 701-703 High Road, N17 8AD 10am - 12.30pm
A range of easy-to-join-in sports activities to get us moving and to have healthier lifestyles, provided by staff from the Spurs Foundation Team **Free to attend**



Flex Fitness
Activity Lead - Ren
Firs Farm Community Hub,
Firs Lane N21 2PJ
10:30am-11:30am
Come and join us for a combination of strength, balance and flexibility. Improve joint mobility and function, reduce tension and stiffness in the body.
Free to attend

